

This Week Part 2 Phil's outback adventures

Presidents Report

Hello Rotarians, I hope you have all had a great week.

Last Thursday evening Dr Frank Madill addressed the club as our guest speaker with part 2 of his talk on Medical Mysteries. This was interesting and entertaining. Thak you Frank.

This week Rotarian Phil Niejalke will be our guest speaker with part 2 of his Outback Adventures. I am really looking forward to this. Episode one was great.

We will be gearing up for one of our big fundraisers, The Glover Cocktail party the March long weekend 8 March 2024. We will need a few more cooks this year as Kings Meadows club will still help at the party but cannot prepare food, so I am asking for some more help from our members. The Glover committee will be meeting before our meeting this week.

Save the Date:

Sunday 25 February, we have a club, friends, and family event at the Utzinger Winery. Thank you to Matthias and Lauren for hosting us. They will be giving us a tour of the winery which includes the tasting of five wines. After the tour we will move to the newly completed Cellar door for platters. You can purchase wine by the glass all other drinks BYO. The cost for this fabulous event is \$30 per head. This includes the tour wine tasting and the platters. We will take numbers for this event this Thursday.

I am looking forward to seeing as many Rotarians as possible on Thursday evening at the Grand Chancellor.

Yours in Rotary

Andrea Bartholemew President

COMING EVENTS

February 8th

Phil's Outdoor Adventures Part 2

February 15th

Kate Ross on 'The work of the Launceston Benevolent Society helping the homeless'.

February 22nd

No Meeting

February 25th

Utzinger Winery

CLUB DUTIES

DATE	8th February	15th February	22nd February
ATTENDANCE	Krista Preece	Terry Crawford	No meeting
WELCOME	Glenda Iles	Peter Stearnes	No meeting
CHAIRPERSON	Craig Mitchell	Ian Smith	No meeting
THANKS	Dale Luck	Paul Swaitkowski	No meeting

If you are unable to fulfill your rostered duty, please arrange for a replacement.

IMPORTANT DATES FOR 2024-2025

District Governor Elect Pam Scott asks that the following dates be placed in your club's calendar:

President Elect Training Seminar (PETS) - Incoming Club Presidents

Deloraine - Saturday 16th March 2024 Hobart - Saturday 23rd March 2024

District Training Assembly (DTA) - Incoming Board Members

Deloraine - Sunday 5th May 2024

Rotary Family Day 2024 - All Rotarians & their Families

Ulverstone - Friday > Sunday 8th - 10th November 2024

More information will be supplied closer to the above dates.

Rotary Youngtown are running this event again this year at the Cataract Gorge on the 25th Feb. We would like to have your Rotary Club putting a team together, making a cardboard boat, and racing it!!! It was won by the Rotary Club of Launceston last year. So how about living dangerously and trying to take the award away from them this year?
If any of your Rotary family would also like to compete in this year's event please encourage them to regis-

Register your team on our website www.soggybottomregatta.com.au .

All funds raised will be supporting Youth dealing with challenges.

Diabetes Camps for Kids and JCP Youths "Beast Program"

Details are on our website.



Cardboard Box Boat Regatta Family Fun Day



Sunday 25th Feb 2024 Cataract Gorge, First Basin Pool www.soggybottomregatta.com.au





Last week's guest speaker was Dr Frank Madill, who returned to our club to present part 2 of his 'Medical Mysteries' series.

He introduced those present to Baron Von Munchausen, a German aristocrat, who was born in 1720 and died in 1797. As a young man he joined the military, but as he was wealthy, retired at age 40. He then embarked on a speaking career recounting amazing tales of his military exploits, all of them entirely fictitious. His adventures included riding a cannonball, rescuing himself and his horse from drowning by pulling both up by his hair, hanging from a crescent moon and having the rear half of his horse cut off. His tales have been the subject of a number of books, including children's books, and statues have been erected in Germany



and other countries as well, featuring his exploits.

Von Munchausen gave his name to the Munchausen Syndrome which means artificial illness. Basically, people invent illnesses they do not have and their behavior has a number of manifestations. One is factitious disorders, for which people seem to have no specific incentive to display. Then there is malingering, where perfectly sane people pretend they are ill, when in fact they are perfectly healthy. People also tamper with test results and produce self-inflicted wounds. Hypochondriacs magnify and stimulate illnesses.

Frank said that there is also a condition called Munchausen Syndrome by Proxy, where people project an illness onto another person. The most common example of this is through mothers inventing illnesses in their children, often prompted by the mother's mental disorder.

Some sad examples of this were a young girl confined to a wheelchair for many years, even though she was perfectly healthy and another young girl who was unnecessarily medicated and even subjected to surgery by a mother who invented her illnesses. Sadly, the girl eventually organized the murder of her mother and paid the consequences.

A more modern development is Munchausen Syndrome by Internet.

Frank indicated that the medical profession has great difficulty in recognising the syndrome when it manifests itself and knowing how to deal with it. Frank recounted an incident from his own experience when he was a young G.P. A young man came to his surgery and collapsed on the floor in an epileptic seizure, Frank called an ambulance. When the paramedics arrived, they ordered the young man to get up and get out! They knew from experience that the young man had pulled the same trick on as number of other doctors in Launceston!

Frank concluded by saying that Munchausen Syndrome remains a medical mystery, as the medical profession doesn't really know why it happens, how it happens and how to fix it! Fortunately, it is relatively uncommon.



Sunday 25 February

On this day we have a Club (and friends/family) only event at the Utzinger Winery. Matthias and Lauren will give us a tour and explanation of the wine making process and include the tasting of 5 varieties in the barrel room. Afterwards we move to the newly completed Cellar door to share in lunch platters and wine (to purchase). If you prefer soft drink or beer then please bring that along and there is fridge space to keep it cold.

Date: Sunday 25 February

Time: 12 noon

Address: 5 Upper McEwans Road

Cost: \$30ph (bottled and glasses of wine available to purchase. BYO other drinks.)

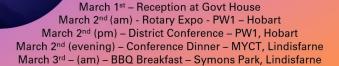
Please reserve this date in your diaries. We will have the whole afternoon to nibble and chat as the facility will not be open to the public. PS Thursday night 22 February will NOT have any offsite Rotary event.





District Conference and Expo 2024

March 1st - 3rd









Her Excellency the Honourable Barbara Baker AC, Governor of Tasmania, and Emeritus Professor Don Chalmers AO request the pleasure of your company

> at a Reception to mark the 2024 Annual Conference and Expo of the Rotary Clubs of Tasmania (District 9830)

Friday, 1 March 2024 at 6.00pm Dress: Lounge Suit / Day Wear Bookings for this event close at 9.00pm on Thursday, 22 February 2024

There is no charge for guests to obtain a ticket and these may be obtained via the Government House website as follows:

Go to www.govhouse.tas.gov.au and click on the 'Tours, Events & Activities' tab on the right-hand side of the homepage. Select 'Events' from the drop-down menu. Select 'Click to Book' for the Rotary Clubs of Tasmania (District 9830) OR scan QR Code below:



You will be directed to the Government House Tasmania event on the *Trybooking.com website*. Bookings for this event will open from 9am on Tuesday, 23 January 2024.

Enter Invitation Code: GHACERCT24 (This must be typed in not copied and pasted)

Complete the booking as per the Instructions. Tickets should be booked in the name of the guests who wish to attend. Ticket(s) will be sent to the guest's nominated email address. Please check your Spam/Junk Mailbox as the tickets may appear there.

TICKETS
Guests will need to print their ticket(s) and ensure that they bring it/them to Government House for this event or alternatively we can scan your ticket from your mobile phone.

THIS INVITATION IS NOT YOUR TRYBOOKING TICKET AND CANNOT BE PRESENTED AT THE DOOR FOR ENTRY ON THE DAY



MARCH 2nd - 3rd - EXPO, CONFERENCE, DINNER & BBQ.

Tickets for the Saturday Night Dinner and the Sunday BBQ must be booked and paid for prior to the conference to allow for catering numbers to be calculated.

Tickets to the Expo are not required

Tickets to the Conference are FREE - however we would like an indication of numbers for catering.

Bookings can be done by clicking on this link.

https://www.trybooking.com/COQES

PROGRAM

March 1st - (6pm - 7pm) - Reception at Government House hosted by Her Excellency the Honorable Barbara Baker AC.

(Includes PHF recognition)

March 2nd - (9am - 1pm) - Rotary Expo at PW1 Hobart - open to all Rotarians and the General Public.

March 2nd - (2pm - 5pm) - District Conference PW1 Hobart. (Opened by the Governor)

March 2nd - (7pm - late) - Conference Dinner - Motor Yacht Club of Tasmania (MYCT), Ford Parade Lindisfarne.

March 3rd - (8am - 10am) - After Conference BBQ Breakfast - hosted by the Rotary Club of Lindisfarne, Simmons Park Lindisfarne.

Please make up a party and come and see what other Rotary Clubs in Tasmania are doing, listen to some very interesting speakers at the Conference and enjoy the company of other Rotarians at the Dinner.

Ticketing Information follows.

Conference Organizer: Peter Morgan - 0418 126 436 - peter.morgan01@outlook.com

Your next role in Rotary awaits!

Dear Rotary and Rotaract members,

Applications are now open for **two** exciting new roles being introduced to Zone 8: the Rotary Specialist and Regional Council Portfolio Committee Member.

Read on to find out which role is the best fit for you – or consider applying for both!

What is a Rotary Specialist?

The Rotary Specialist role is a new way you can use your skills to help clubs reach their goals and make a difference.

Each Rotary Specialist will be an **expert in a particular field** who will provide guidance to clubs across the Zone, either in person or virtually, in their specific area of expertise.

When clubs ask for help, Specialists will support them by providing expert advice, and directing them to useful resources and other experts as required.

Clubs will be able to easily find and request assistance from Specialists through a searchable database.

There may be numerous specialists in the same subject area to cover the geography of Zone 8.

Who can be a Rotary Specialist?

If you have the required skills and knowledge to provide expert advice to clubs in your area of expertise, you can be a Rotary Specialist! You may be:

- Someone who has been in Rotary anywhere from a few months to a few decades
- Someone who has held multiple leadership positions in Rotary, or none at all
- Someone who has relevant formal qualifications such as a diploma or university degree, or has simply gained expertise through practical experience either within or outside Rotary

If you're an expert in a field relevant to clubs, great with people and passionate about Rotary, you should consider applying!

What is a Regional Council Portfolio Committee Member?

Each Portfolio Committee Member will work with a specific Portfolio Lead on the Regional Council, helping develop **Zone-wide strategies, best practices and initiatives** to strengthen Rotary in our region and increase our impact.

Committee Members will not assist clubs directly with their day-to-day operations, focusing on the bigger picture of how Rotary and Rotaract can achieve their goals across the Zone. They will work with clubs in select circumstances, such as in relation to Zone-wide projects.

You can apply to be a Member of the following Portfolios:

- Membership
- Major Fundraising and Grants
- Public Image and Partnerships
- Service Projects and Programs
- Diversity, Equity and Inclusion
- Learning and Development
- Rotaract

Each Portfolio requires different skills and expertise. <u>Visit the Creating Tomorrow website</u> to find out if you're a good fit for one or more of these Portfolios.

Need more information?

Sign up to attend a webinar with Regional Council Chair Dallas Booth and Pilot Specialist Lead Tania Broadbent, who will cover everything you need to know about these two new roles and answer your questions.

The webinar will be held on **Saturday 10 February 2pm Australian Eastern Daylight Time (AEDT)**, and a recording of the session will be made available on the *Creating Tomorrow* website afterwards.

Applications for both roles close on Thursday 29 February 5pm Australian Eastern Daylight Time (AEDT).

You can apply for and be appointed as both a Rotary Specialist and a Portfolio Committee Member.

If you have any questions about these roles or the application process, email RotaryRegionalPi-lot@gmail.com.

Sincerely,

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ROTARY CLUB OF SOUTH LAUNCESTON Officers and Duties 2023-2024

ROTARY CLUB OF SOUTH LAUNCESTON

Club Chartered

March 17 1962 with 23 members 62nd Year of Rotary Service

Thursday Meeting

Hotel Grand Chancellor 29 Cameron St, Launceston 6.00 pm for 6.30 pm

Make-ups & Apologies

Assist-Treasurer Terry Crawford Before 10.30 am Tuesday 6344 7033 (W) 0417 366 531

Correspondence

PO Box 60 Kings Meadows 7249

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Terry Crawford
(Attendance & Recording)

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Stephen Gordon (Accounting) Terry Crawford (Banking)

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Andrew Whitehead,
Peter Stearnes

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ander

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Social: Les Baxter

Sheep Manure Project:

Graeme LeFevre

THE FOUR-WAY TEST

"Of the things we think, say or do:

- 1. Is it the TRUTH?
- **2.** Is it FAIR to all concerned?
- **3.** Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?"