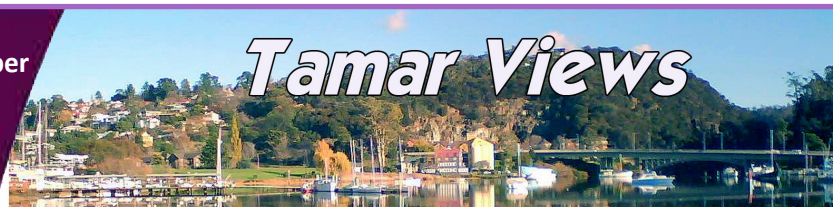


Club Meetings:
Thursday for fellowship at 6pm followed by Dinner at 6:30pm

16th November
2023

Location:
Hotel Grand Chancellor,
29 Cameron Street,
Launceston, Tasmania



Weekly Bulletin



Rotary
Club of South Launceston



**This Week
Group 4/5 Forum**

Presidents Report

Hello Rotarians

I hope you have had a wonderful week.

Last week our guest speaker was Holly Dodd, Clinical Nurse Educator Infection Prevention and Control at the LGH. This was an informative presentation by Holly talking to us about what has been discovered about Covid since the beginning of the pandemic and the procedures going forward to reduce infections. The different variants of the disease since the first in Australia in January 2020. Thank you to Holly for taking time out of her busy schedule to talk to our club.

November 16, this Thursday is a 4/5 group forum at the Grand Chancellor. We have 65 Rotarians attending. The cost is \$28 per head, the same price as our regular meetings.

Last Saturday November 11 at 11 am Wayne Higgs and Rue Skoba were married at Safety Beach in Victoria. Our club sent flowers and wished them all the best for the future. A wonderful Remembrance Day for them.

Next week is our monthly social evening and Les Baxter will inform us of our surprise venue shortly.

STILL, I have had no one come forward to nominate for President of our club 2024 – 2025. I can assure you all this is a wonderful opportunity to serve our club. I am thoroughly enjoying the experience but after two years it is time for someone else to put their hand up. If you are interested, please come and have a chat with me.

I am looking forward to seeing you all on Thursday at the Grand Chancellor for the forum.

Yours in Rotary
Andrea Bartholemew
President



COMING EVENTS

16th November
Group 4/5 Forum

23rd November
Social Evening

30th November
AGM and
Phil's Outback
Adventures

7th December
Christmas Function/Games
by Ian Smith

APOLOGIES BY 10.30 am TUESDAY TO TERRY CRAWFORD 63447033 or 0417 366 531
(If not received by then, an invoice will be issued)

CLUB DUTIES

DATE	16th November	23rd November	30th November
ATTENDANCE	Group Forum	Social Night	Les Grant
WELCOME	Group Forum	Social Night	Kathy Macqueen
CHAIRPERSON	Group Forum	Social Night	Krista Preece
THANKS	Group Forum	Social Night	Glenda Iles

If you are unable to fulfill your rostered duty, please arrange for a replacement.

Notes of Meeting 9th November 2023

President Andrea


Reminded members that next week is the Group 4 and 5 Forum. At HGC same time and place. Urged as many members as possible to attend.

Community Service – Harry G

Took numbers for the BBQ ay Vinnies on 25th November. 2 shifts, am and pm

Dale L gave some details on the setup times for the Friendship Cocktail Party – Friday 24th from 3pm and same with Saturday.

NOVEMBER IS



EVERY
 ROTARIAN
 EVERY
 YEAR

"Clean water, the essence of life and a birthright for everyone, must become available to all people now"

Jean-Michel Cousteau

BECAUSE WE CARE
MAKE A CONTRIBUTION, BE THE DIFFERENCE

Rotary

THE ROTARY FOUNDATION
FOUNDED BY ROTARY CLUBS IN 1916

TAKE ACTION: rotary.org/contribute

Congratulations Wayne & Rue

Hello friends & fellow Rotarians.

Thank you for your flowers & good wishes!!! Rue and I are very happy to have finally tied the knot seven years to the day after we first met! We had the best day, ... just our kids and partners (& grandkids) at home. Rue planned everything and as you would expect she couldn't have scripted it better! Ideal weather, married by Ken (the celebrant) at 11am followed by a magnificent lunch (Annabelle's kitchen ... the in home caterer) followed by much singing & dancing! ... the stragglers finally went home at 10.30pm All exhausted but what an excellent day!!
Cheers RueNWayne



XxyXxy



Last week's guest speaker was Holly Dodd, a Nurse Educator, Infection Prevention and Control, at the Launceston General Hospital.

Holly is married and has two children. She has lived in Launceston for four years and previously was a nurse in Scotland.

Holly entitled her talk 'Covid, what have we learned?'

One important fact about Covid, that Holly cited, was that the virus was primarily spread through the air. Therefore, air purifiers became an important tool, along with hand hygiene and thorough cleaning of surfaces.



The public health four-fold recommendation became – Save Lives, Break the Chain, Prevent Infection and Cough into Elbows.

A vaccine recommendation was made that all persons over the age of five years should be vaccinated, but especially those over 65 years. Hand-washing posters that have appeared in restaurants and other public places are a very useful tool in promoting thorough and effective hand washing. Ultraviolet light checking of hands after washing has confirmed the effectiveness of the recommended method. Thorough cleaning of high touch points is also an effective preventative procedure.

Holly said that in the early stages of the pandemic, 'we didn't know what we didn't know'. As the pandemic progressed, studies and experience enabled more informed and efficient responses to be developed. For example, Holly said that the early Personal Protective Equipment (PPE) was almost like a space-suit – totally enclosing the body. The suits were restrictive, cumbersome, and uncomfortable. She cited a case where a Scottish nurse was required to wear one for 13 hours without a break to eat, drink or go to the toilet. In time, simpler versions of PPE were developed and found to be just as effective. The importance of the kill-time for chemicals became apparent, with experience showing that some chemicals were effective in a matter of minutes.

Holly said that Bass Strait was a great asset in helping Tasmania combat the pandemic, insulating the state from major outbreaks on the mainland. The importance of identifying close contacts of a person who contracted Covid helped stem the spread of the disease. An outbreak was declared when three or more close contacts of an infected person also contracted Covid.

Major recommendations emerged during the pandemic which were: stay at home, practice social distancing, wear a mask and observe lockdowns. Other factors which were taken into consideration were climate and town planning issues.

Lessons from the flu outbreak in the early 20th century were referenced, such as inoculating people over 65 years and the immunocompromised, and the readiness to combat variants such as Omicron. Holly said a new variant has emerged recently, called Pirola. So far, it does not appear of be any more virulent or serious in its effects than previous variants.

Holly indicated that the major symptoms of Covid are fever, chills, sore throat, aches and pains, fatigue, a runny nose, headaches, sneezing and coughing.

Holly finished her talk by referring to the late comedian, Spike Milligan's grave, on which is inscribed 'I told you I was ill!' (in Gaelic.)





MENS

Firehouse

CHALLENGE 2023

Fired up for a healthy you

Friday, November 17th 6:30pm

Legana Fire Station

Join us as we kick off the celebration in anticipation of International Men's Day on November 19th.

The evening promises a range of enjoyable activities, including a BBQ, lucky door prizes, and an engaging raffle.

We kindly request a gold coin donation for participation.

Additionally, there will be a thought-provoking panel discussion addressing health-related inquiries, and we welcome individuals aged 15 years and above to participate.

Rotary
Legana



CONTACT

Wendy: 0487 341 375 Rachel: 0427 131 525
facebook.com/rotarylegana/



ROTARY CLUB OF SOUTH LAUNCESTON

Officers and Duties 2023-2024

ROTARY CLUB OF SOUTH LAUNCESTON

Club Chartered

March 17 1962
with 23 members
62nd Year of Rotary Service

Thursday Meeting

Hotel Grand Chancellor
29 Cameron St, Launceston
6.00 pm for 6.30 pm

Make-ups & Apologies

Assist-Treasurer Terry Crawford
Before 10.30 am Tuesday
6344 7033 (W) 0417 366 531

Correspondence

PO Box 60
Kings Meadows 7249

Rotary International President 2023-2024

Gordon R. McNally
Rotary Club of South Queensferry,
Lothian,
Scotland

District Governor:

**District 9830
2023-2024**

Mike Patten

Rotary Club Lindisfarne

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Items by 9.00 pm Monday please

President:

Andrea Bartholemew

Immediate Past President:

Lara Alexander

Vice-President:

TBA

Secretaries:

Sue Faulkner (Organisation
& Correspondence)
Terry Crawford
(Attendance & Recording)

Treasurers:

Stephen Gordon (Accounting)
Terry Crawford (Banking)

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Andrew Whitehead,
Peter Stearnes

Community Services:

Director: Harry Galea

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Steve Gordon, Graeme LeFevre,
Craig Mitchell, Phil Niejalke,
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Members:
Kathy Macqueen,
Lara Alexander,
Krista Preece

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Joyce Ogden, Les Grant, Lara Alexander

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Office Bearers:

Bulletin: Glenda Iles

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AT&M

Pastoral Care: Ian Smith

Programme: Les Baxter

Social: Les Baxter

Sheep Manure Project:

Graeme LeFevre

THE FOUR-WAY TEST

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"