

Club Meetings:
Thursday for fellowship at
6pm followed by Dinner at
6:30pm

Location:
Hotel Grand Chancellor,
29 Cameron Street,
Launceston, Tasmania

14th
September
2023

Tamar Views

Weekly Bulletin



Rotary
Club of South Launceston



This Week - Mayor Matthew Garwood

PRESIDENT'S REPORT

Hello Rotarians

I hope you have had a wonderful week.

Last Thursday evening our guest speaker was Stephanie Trethewey from Motherland. What a wonderful presentation this was. She talked about her own struggle with post-natal depression and being isolated on a farm with a new baby. Her own experience inspired her to start Motherland to connect with young mums like herself who are struggling with mental health issues and general loneliness with other mums in the same position.

Motherland is our club of South Launceston's choice together with Care for Africa to share in the proceeds from our Friendship Cocktail Party on 25th November 2023 at the Country Club Casino. Fifty percent to each. Costs per person for tickets are \$110 for standing (there will be high tables provided for drinks etc.) and \$120 for seats at a table. I hope as many club members will support this our signature event.

Our newly appointed Mayor of Launceston Matthew Garwood will be joining us at this week's meeting as our guest speaker. I am sure there are plenty of questions from our club members for Matthew. I would like to invite any partners or friends to come along to hear from Matthew. Looking forward to seeing you all on Thursday evening.

Yours in Rotary

Andrea Bartholemew
President



COMING EVENTS

14th September

Mayor Matthew Garwood
What's happening at the
City of Launceston

21st September

Paul on (his passion)
orchids

28th September

Social Evening

5th October

Family Games Night

12th October

Roderick Brown on
'The work of the
Salvation Army'

19th October

Les Baxter on 'The work
of St Vincent de Paul'

26th October

Social Evening

APOLOGIES BY 10.30 am TUESDAY TO TERRY CRAWFORD 63447033 or 0417 366 531
(If not received by then, an invoice will be issued)

CLUB DUTIES

DATE	14th September	21st September	28th September
ATTENDANCE	Paul Swiatkowski	Andrew Whitehead	SOCIAL
WELCOME	Lara Alexander	Les Baxter	EVENING
CHAIRPERSON	Les Baxter	Di Butler	
THANKS	Les Grant	Harry Galea	

If you are unable to fulfill your rostered duty, please arrange for a replacement.

NOTES FROM LAST WEEK'S MEETING

President Andrea

Put out an urgent call for volunteer guides at RYDA – we need to fill in 1 or 2 more days. There are also a couple of spots for lunches and deliveries (filled later in the evening). A spreadsheet will be circulated tonight.

Community Service – Harry Galea

Dale Luck reminded members that there is a fundraiser at Scottsdale on Saturday night for Water Bores for Tanzania. There are a few tickets left.

Dale also gave a summary of the state of play for the Friendship Cocktail Party on 25th November. Ticket sales will go live tonight:

“We are so excited to announce that the Care for Africa Foundation and Motherland are joining forces for a local fundraising event in Launceston to raise awareness and much-needed funds for the work both our charities do across rural Australia, and Africa.

The 2023 Friendship Cocktail Party will be held at the Country Club Tasmania on Saturday 25th November.

Hosted by the [Rotary Club of South Launceston](#) the event will bring the local community together to celebrate global connections and the importance of giving rural women a voice.

There will be a Balloon Raffle on the evening, and an online silent auction with incredible prizes up for grabs.”

Get your dancing shoes ready! Tickets are limited, and can be purchased now at app.galabid.com/friendship/items

LAST WEEK'S GUEST SPEAKER



Last week's guest speaker was Stephanie Trethewey from Motherland.

Stephanie lives on a farm in Central North Tasmania with her husband Sam and her son Elliot, and little girl Evie.

Becoming a mum was a baptism of fire for Steph, and she wasn't at all prepared for the unique challenges that come with raising kids on the land. With no family, friends or mother's groups nearby to support her, it soon became very clear that too many rural mums are raising their children without a village, and they desperately need one.

So she created Motherland to celebrate and connect rural mums around the country by providing a platform and online community dedicated to supporting rural mothers and reducing the isolation many of us feel.

Rural mums are some of the most under-valued, under-supported, and under-celebrated women in the country. And while they are all so different, there is much that ties them together.

It's Stephanie's mission to put rural motherhood on the map, and enable the incredible mothers who are the backbone of our rural communities, to form meaningful connections with each other. Through her podcast she shares the raw reality of rural motherhood, and through their online program Motherland Village, they are connecting country mums around Australia and enabling them to form meaningful connections that last.

No matter where you live or what you do, we're in this together mama, and you're not alone.

Motherland's mission is to eliminate the crippling isolation many rural mums face by creating an online village and support that every rural mum can access, regardless of her location.

FROM THE CHAIR OF ROMAC

As ROMAC enters a new Rotary year, it is time to reflect on what has been achieved over the last twelve months. Our 2022-23 Annual Report will be presented at our Annual General Meeting on Sunday 12 November and we will share it with you shortly after.

It has been a very busy year getting back into operation after the COVID hiatus. Our team has had to review and revise many of our systems and processes and, while we are now back receiving a good flow of patients, we are still working hard on these tasks. Our By Laws have been reviewed and updated, a new Strategic plan has been implemented and the Constitution is in the process of being revised. We have re-structured our committees and identified new functions and roles that require additional volunteers.

I want to thank the 7 people who have recently volunteered to work with ROMAC. This has been a great start, but we still need more volunteers for both the National (Australia and New Zealand) and Regional levels; people with IT and medical backgrounds and or with organisation, marketing and management skills. Please consider if you would like to help and get the enjoyment of making a huge impact on the lives of ROMAC children and their families.

It is also at this time of the year that we acknowledge and thank our long-serving volunteers who, in line with Rotary practice and with the ROMAC By Laws, have reached the limit of their time in a particular position. This year we acknowledge the efforts of our Secretary, [Jim Prokhovnik](#), and two of our Regional Chairs, [Jill Oliver](#) (Southern) and [Wayne Litherland](#) (Northern).

Our sincere thanks go to Jim, Jill and Wayne for their outstanding contributions to ROMAC over the last five years. While standing down from their current positions we are so pleased they have all agreed to take on other support roles within ROMAC. Jim is being replaced by [Brendan Kenny](#), Jill by [Minh Nguyen](#) and Wayne by [Adele Hughes](#).

In closing, we are always updating our presentation materials so if your Club would like to receive a ROMAC presentation at one of your meetings to appreciate the work and impact of ROMAC, please contact your ROMAC District Chairperson.

PATIENT UPDATES - SENRI

After completing all surgeries that will hopefully give him the use of both hands, Senri is continuing with his extensive physiotherapy rehabilitation program. He attends weekly sessions with a physiotherapist at the Gold Coast Hand Centre. He must also work hard every day on hand manipulation to help his fingers, muscles and tendons get working again after being fused together for so long. Even though this exercise is very painful, Senri knows this will give him the best chance of gaining maximum flexibility towards full use of his hands, so he does this relentlessly. Senri has been attending Calvary Christian School, thanks to the Redlands Bayside Rotary Club who arranged his enrolment. Spending time with other children his own age has given him some normality while continuing his education.

Recently Senri celebrated his 14th birthday and, thanks to his guardian PDG Ros Kelly, he celebrated in style with a party and Spiderman cake.

We are very proud of Senri. He is engaging with many local Rotary clubs and is no longer the shy young man who arrived from the Solomons but has become an interesting and informative speaker at the many club meetings he is attending.

ROTARY CLUB OF SOUTH LAUNCESTON

Officers and Duties 2023-2024

ROTARY CLUB OF SOUTH LAUNCESTON

Club Chartered

March 17 1962
with 23 members

62nd Year of Rotary Service

Thursday Meeting

Hotel Grand Chancellor
29 Cameron St, Launceston
6.00 pm for 6.30 pm

Make-ups & Apologies

Assist-Treasurer Terry Crawford
Before 10.30 am Tuesday
6344 7033 (W) 0417 366 531

Correspondence

PO Box 60
Kings Meadows 7249

Rotary International President 2023-2024

Gordon R. McNally

Rotary Club of South Queensferry,
Lothian,
Scotland

District Governor:

**District 9830
2023-2024**

Mike Patten

Rotary Club Lindisfarne

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Items by 9.00 pm Monday please

President:

Andrea Bartholemew

Immediate Past President:

Andrea Bartholemew

Vice-President:

TBA

Secretaries:

Sue Faulkner (Organisation
& Correspondence)
Terry Crawford
(Attendance & Recording)

Treasurers:

Stephen Gordon (Accounting)
Terry Crawford (Banking)

DIRECTORS & PORTFOLIOS

Member Services & Foundation:

Director: Les Baxter

Members: Terry Crawford,
Andrew Whitehead,
Peter Stearnes

Community Services:

Director: Harry Galea

Members: Lara Alexander,
Les Baxter, Paul Fitzpatrick,
Steve Gordon, Graeme LeFevre,
Craig Mitchell, Phil Niejalke,
Ian Smith, Joyce Ogden

Public Image:

Director: Glenda Iles

Members:
Kathy Macqueen,
Lara Alexander,
Krista Preece

Youth Services:

Director: Phil Ogden

Members: Di Butler, Glenda Iles,
Joyce Ogden, Les Grant, Lara Alex-
ander

Board Members:

Dale Luck, Lara Alexander

Office Bearers:

Bulletin: Glenda Iles

Information Technology:
AT&M

Pastoral Care: Ian Smith

Programme: Les Baxter

Social: Les Baxter

Sheep Manure Project:

Graeme LeFevre

THE FOUR-WAY TEST

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

