

Club Meetings:  
Thursday for fellowship at  
6pm followed by Dinner at  
6:30pm

Location:  
Hotel Grand Chancellor,  
29 Cameron Street,  
Launceston, Tasmania

10th  
August  
2023

# Tamar Views

## Weekly Bulletin



**Rotary**  
Club of South Launceston



**This Week's Guest Speaker - Dr Frank Madill  
On 'Medical Mysteries'**

### PRESIDENT'S REPORT

Hello Rotarians

I hope you have had a wonderful week.

Apologies for last Thursday evening as I was not well. Thank you to PP Harry for filling in for me. It was lovely to hear that Brian Beardwood attended last week's meeting, I am sure he received a warm welcome from all members.

This week we welcome Dr. Frank Madill to talk on Medical Mysteries. I am looking for to seeing Frank again.

Our new ADG for Group 4 is Craig Perkins from the Rotary club of Central Launceston. I am hoping Craig will join us next week when the DG Mike Patten joins us. I am hoping as many members as possible come to meet our new District Governor Mile.

**This week is Loneliness Awareness Week** A week dedicated to raising awareness of loneliness. It is all about creating supportive communities by having conversations with family, friends, or colleagues about loneliness. Loneliness is a natural human emotion - we are hardwired to need social connections. By talking about it, we can support ourselves and others.

#### Moving Forward:

PP Harry Galea has sent me a list of Guest Speakers till the end of this year. Thank you, Harry, for this is a challenging task.

On August 31 we are having our annual wine and anything else auction so please come along with something to auction. The proceeds go towards making up the gap in our subs.

Our newly appointed Mayor of Launceston Matthew Garwood will be joining us on 14 September 2023 as our guest speaker. I am sure there are plenty of questions from our club members for Matthew.

Look forward to seeing all members on Thursday evening at the Grand Chancellor.

Yours in Rotary

Andrea Bartholemew  
**President**



### COMING EVENTS

**10th August**

Dr Frank Madill

**10th August**

SVDP Walk for  
Homeless Awareness  
10.00 am

**17th August**

Visit from  
DG Mike Patten

**24th August**

Social Evening

**31st August**

Wine Auction

**7th September**

Stephanie Trethewey  
From Motherland

**APOLOGIES BY 10.30 am TUESDAY TO TERRY CRAWFORD 63447033 or 0417 366 531  
(If not received by then, an invoice will be issued)**

## CLUB DUTIES

| DATE        | 10th August      | 17th August    | 24th August      |
|-------------|------------------|----------------|------------------|
| ATTENDANCE  | Dale Luck        | Phil Niejalke  | Craig Mitchell   |
| WELCOME     | Kathy Macqueen   | Craig Mitchell | Paul Swiatkowski |
| CHAIRPERSON | Joyce Ogden      | Phil Ogden     | Peter Stearnes   |
| THANKS      | Andrew Whitehead | Lara Alexander | Les Baxter       |

If you are unable to fulfill your rostered duty, please arrange for a replacement.

### NOTES FROM LAST WEEK'S MEETING

#### Acting President Harry

PP Harry assumed the role of President for the night as President Andrea was not able to come to the meeting due to a last-minute matter which arose. Harry welcomed guest Anna McGrane and also noted that PP Brian Beardwood was at the meeting, and issued a warm welcome to him.

Andrea wanted Harry to remind members that DG Mike is attending our meeting in 2 weeks (17<sup>th</sup> August), and she would like as many members as possible to attend that meeting.

As guest speaker organiser, Harry noted that Phil Niejalke is in the bulletin as presenting his talk next week, but that will now be later on. In the meantime, Harry has arranged for Dr Frank Madill to talk on 'Medical Mysteries'. Dr Frank always provides an excellent talk on whatever subject it is.

#### Community Service – Harry Galea

Harry advised that there is a container at Jenny Watkin's place which has been there for a long time, and contains a lot of old Rotary material. It needs cleaning out so it can be disposed of. Craig and Dale will be available to do this, but need 2 other members. Could any potential helpers contact either of them please.

## LAST WEEK'S GUEST SPEAKER

At last week's club meeting the guest speaker was the club's resident adventurer and raconteur PP Dale Luck.

Dale brought us up to speed on his latest adventure – a kayaking trip around Hinchinbrook Island in Queensland. Dale was invited to join the trip by his friend and former club member Anna McGrane. The trip was a birthday present for Anna from her children who joined her on the trip together with . The members of the trip were the seven family members and Dale, travelling in four two-person kayaks. They had guides in front and in the rear of them as they travelled. The family members were experienced kayakers, but it was a new experience for Dale. He had done some training in Kingston before undertaking the trip. One instruction was – don't bring beer! Wine and spirits were O.K. though.



The journey began at Lucinda, Queensland, south of Hinchinbrook Island, travelling around the eastern side of the island to Mission Beach in the north. Travel in the channel between the island and the mainland was not possible as that area is crocodile infested. Dale said the weather and the water were warm. The surrounding land featured many sugar-cane farms. Dale pointed out that taking many photos was not really possible from the kayak, as the main preoccupation was trying to stay upright. However, Dale was able to take some photos, using a small waterproof camera he took with him. The kayaks were six metres in length into which was packed gear, tents, water and food. Loading and launching the kayaks each day was a major undertaking. Threats from wildlife was not a problem, but sandflies were.

The jetty at Lucinda is almost six kilometres long and is the longest in Australia. At that length, it is affected by the curvature of the earth. The kayak journey covered 94 km and took five days. The group camped on beaches in tents. Dale said they found it both windy and noisy. In the kayaks they mainly enjoyed tailwinds. On one day they travelled 17 km in open ocean. Dale said that travelling in a one to two metre swell does not sound to be much of a problem, but the perspective from sitting in a kayak can be quite intimidating. The key is to keep the kayak facing into the swell, which Dale said he and Anna managed to do with one exception. They were hit with a two and a half metre side-on wave crest, which caused their kayak to capsize. Finding yourself upside down under a kayak is not a pleasant experience, according to Dale. He managed to keep calm and remember his training for such situations. Releasing himself from the kayak didn't quite go to plan, but he did eventually surface and was relieved to see Anna also above the water. The guides managed to right the kayak, but getting the water out of it and getting back into it from the water is quite a challenge. Dale said kayaking meant that you were constantly wet and more so if it was raining.

Dale paid tribute to the support guides – they served up delicious and varied meals each evening. Dale finished by pointing out that 10 people are killed in the world each year by sharks, but 150 are killed by falling coconuts!

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## ROTARY CLUB OF SOUTH LAUNCESTON

### Officers and Duties 2023-2024

#### ROTARY CLUB OF SOUTH LAUNCESTON

##### Club Chartered

March 17 1962  
with 23 members

62nd Year of Rotary Service

##### Thursday Meeting

Hotel Grand Chancellor  
29 Cameron St, Launceston  
6.00 pm for 6.30 pm

##### Make-ups & Apologies

Assist-Treasurer Terry Crawford  
Before 10.30 am Tuesday  
6344 7033 (W) 0417 366 531

##### Correspondence

PO Box 60  
Kings Meadows 7249

##### Rotary International President 2023-2024

Gordon R. McNally  
Rotary Club of South Queensferry,  
Lothian,  
Scotland

##### District Governor:

District 9830  
2023-2024

Mike Patten

##### Rotary Club Lindisfarne

Email: dg@rotary9830.org.au

##### President:

Andrea Bartholemew

Tel: 0400 030 660

Email: albdib@hotmail.com

##### Secretary:

Sue Faulkner

Tel: 6344 7301

Mob: 0418 368 799

Email: secretary.southlaunceston  
@rotary9830.org.au

##### Editor:

Glenda Iles

Email: g.iles6156@gmail.com

Items by 9.00 pm Monday please

##### President:

Andrea Bartholemew

##### Immediate Past President:

Lara Alexander

##### Vice-President:

TBA

##### Secretaries:

Sue Faulkner (Organisation  
& Correspondence)  
Terry Crawford  
(Attendance & Recording)

##### Treasurers:

Stephen Gordon (Accounting)  
Terry Crawford (Banking)

##### DIRECTORS & PORTFOLIOS

##### Member Services & Foundation:

##### Director: Les Baxter

Members: Terry Crawford,  
Andrew Whitehead,  
Peter Stearnes

##### Community Services:

##### Director: Harry Galea

Members: Lara Alexander,  
Les Baxter, Paul Fitzpatrick,  
Steve Gordon, Graeme LeFevre,  
Craig Mitchell, Phil Niejalke,  
Ian Smith, Joyce Ogden

##### Public Image:

##### Director: Glenda Iles

Members:  
Kathy Macqueen,  
Lara Alexander,  
Krista Preece

##### Youth Services:

##### Director: Phil Ogden

Members: Di Butler, Glenda Iles,  
Joyce Ogden, Les Grant, Lara Alex-  
ander

##### Board Members:

Dale Luck, Lara Alexander

##### Office Bearers:

**Bulletin:** Glenda Iles

**Information Technology:**  
AT&M

**Pastoral Care:** Ian Smith

**Programme:** Les Baxter

**Social:** Les Baxter

##### **Sheep Manure Project:**

Graeme LeFevre

#### THE FOUR-WAY TEST

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"