

Club Meetings:
Thursday for fellowship at 6pm followed by Dinner at 6:30pm

Location:
Hotel Grand Chancellor,
29 Cameron Street,
Launceston, Tasmania

1st February
2018

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Rotary
emblem 

ROTARY:
MAKING A
DIFFERENCE

Tamar Views

Weekly Bulletin

Rotary
Club of South Launceston
District 9830




GUEST SPEAKER THIS WEEK: NATALIE DELL from CAMPS TASMANIA



President's Notes

Hello fellow Rotarians,

What a wonderful week we have had.

Our club is very proud and honoured to hear the wonderful news about Rotarian Neville King was appointed as an Officer of the Order of Australia for his distinguished service to medicine and medical education, mainly in the field of cognitive and behavioural therapy. Congratulations once again to Rotarian Dr Neville King AO.

Thank you to all those who attended our AGM. Rotarian Steve Gordon has email the Treasurers report.

We are in for a busy weekend as we are participating in The Wooden Boat Festival and Festivale.

Keep up the good work Rotarians.

We are not far off attending Youngtown Rotary Soggy bottom Cardboard Box Regatta. We are in the design stage of getting a boat together with Rotarian Lance Pfeffer and Rotarian Wayne Higgs at the helm. This is a fantastic day and I would encourage all Rotarians to come along to cheer the teams. Sink or Swim.

I will not be at the meeting this week due to a family occasion.

Next week is a board meeting could all Directors please have your reports ready.

Yours in Rotary

President Glenda Iles

CLUB DUTY ROSTER

1 February Natalie Dell – Camps Tasmania

ATTENDANCE	Nick Butler
CHAIRPERSON	Paul Fitzpatrick
REGALIA	John Frearson
THANKS	Kathy Macqueen

8 February CLUB FORUM

ATTENDANCE	Les Grant
CHAIRPERSON	Peter McBean
REGALIA	Andrew Whitehead
THANKS	

If you are unable to fulfil your rostered duty, please arrange for a replacement.

Notes from last meeting

AGM

The following office bearers for 2018-2019 were elected;

President (elected at AGM last year) Krista Preece

President Elect Lara Alexander

Secretary Lara Alexander

Treasurers Steve Gordon, Terry Crawford

Directors

Graeme Le Fevre, Lance Pfeffer, Wayne Higgs, Kim Biggelaar, Josh de Groot

Board Members(2) still vacant

General Meeting

President Glenda

- National Youth Science Forum being supported by the Club again
- We are also supporting this year's Kidney Walk
- Toilet duties at the Red Hot Summer Concert was very successful, again
- Advised that we have been invited to the Youngtown Club's men's shed on 19th Feb. Meal after at the Golf Club. Will replace the Thursday meeting.

Secretary Krista

- RFDS Newsletter available
- Thanks from Brooks and Lilydale High Schools
- Patricia Stearnes in Hospital for knee surgery
- This year's Change-over Dinner to be a Barn Dance at Summerdale Hall - date to be confirmed but likely 30th June

Co-Treasurer Steve

- Staff at Spirit of Tasmania have raised funds again for our Clubs Community work

Co-Treasurer Terry

- Our work at the Red Hot Summer Concert drew a lot of thanks from patrons and Promoters - raised \$1200
- We are also doing the next one in March - further details later. Date 24th March

Club Service Graeme

- Some members have already received renewal notices for the Working with Children cards

Community Service Kim

- Wooden Boat Festival 3 - 4 February - a Club Project
- Community Fund Grant for Migrant Centre
- Gave details on our manning of the 'Breath O' tent at Festivale



5 February –

Phil Niejalke

(3 years)



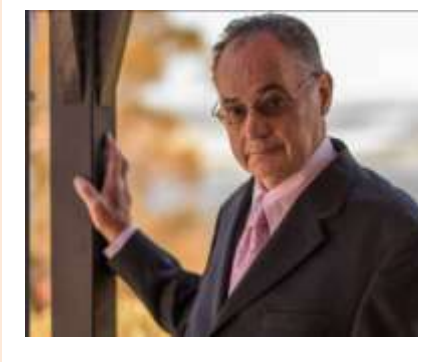
2 February – Christine Fitzpatrick

3 February – Glen Horsburgh

APOLOGIES BY 10.30am TUESDAY TO TERRY CRAWFORD 63447033 or 0417 366 531

(If not received by then, an invoice will be issued)

Associate Professor Neville King named an Officer of the Order of Australia



As a child, Associate Professor Neville King was chased by dogs on his way to school at Railton Primary.

The experience created a fear of canines that, in later years, was his motivation for studying and researching childhood anxieties.

Dr King, who is now retired and living at Hillwood, is credited as one of the experts who introduced Cognitive Behaviour Change to Australia.

Cognitive behaviour therapy is a type of psychosocial therapy designed to help people change unhelpful or unhealthy habits of thinking, feeling and behaving, and is now the main psychological approach to care worldwide.

It was this, as well as other significant work as an academic, researcher and author, that led to Dr King's appointment as an Officer of the Order of Australia for his distinguished service to medicine and medical education, particularly in the field of cognitive and behaviour therapy.

His wife, Judith, said Dr King was overwhelmed when he was notified of the award and had "no inkling" that it was in the works.

"His national and international colleagues had worked together for the submission in secret, even I kept the secret for 18 months," Mrs King said.

"He stared at the envelope wondering why he had received a letter from Government House in Canberra, when he opened the envelope and read its contents he said 'hooley dooley' ... and then sat down and stared quietly at the letter for about 10 minutes taking in the contents."

Born at Latrobe, Dr King started his education in the state's North-West and he believes the work of "a wonderful teacher" was significant during those formative years.

"Miss Meers instilled in her students that they could achieve anything they dreamed with hard work," Dr King said.

"One of my classmates was former premier Michael Field and we have both been inducted into the Railton Wall of Honour, so Miss Meers made a great difference by inspiring her students."

After matriculating from Devonport High, Dr King went to UTAS for his initial psychology studies before moving to Melbourne for his PhD in psychology at Latrobe University.

He has a continuous list of publications from the 1980s to 2007 and held a number of distinguished positions at Monash University.

While working on international research and publications, Dr King continued to lecture in all aspects of psychology and education in Australia.

As an academic, he was awarded \$3.6 million during the course of his career to research various aspects of child behaviour, including fears and phobias, school refusal and truancy, as well as sexual counselling for people with spinal cord injuries.

Dr King was also one of the founding members of the Australian Association for Cognitive and Behaviour Therapy, which now links with nearly 60 other countries improving cognitive behaviour change therapies for adults and children in need.

He was also the founding editor of the peer-reviewed and longstanding journal, Behaviour Change.

When asked to choose what achievement in his career gave him the most pride, Dr King said being awarded the AACBT Distinguished Career Award in 1999, in recognition of his outstanding contribution to behaviour research and therapy, and service to the association.

At the end of 2007, Dr King moved back to Tasmania for “the quiet life” and lives on a property overlooking the Tamar River.

To this day he is still passionate about maintaining a quality of life and uses cognitive behaviour principles daily to slow the progress of Huntington’s Disease, an inherited genetic disorder.

Dr King said, having travelled the world, he thinks Tasmania is one of the most beautiful places and he looks forward to more trips across the state.

***Bulletin Editor.... Neville and Judith King have been Rotarians of our Club since April 2015 and I would like to thank Judith for her permission to print this bio. Congratulations Neville from all at the Club.*

Some notes from Judith....

Once the Award was announced the phone rang hot. Four of Neville’s fellow primary students have made contact after 65 years.

Retired Monash Dean David Aspen phoned to say he could think of no more worthy recipient of the Officer of the Order of Australia.

Today Neville’s best friend at Devonport High phoned and they will have a reunion after 55 years.

Regards

Judith



President Glenda and Geoff took Bjork to Little Blue Lake over the Australia day weekend. Little Blue Lake, between Derby and Gladstone, is a natural phenomenon resulting from the pioneering mining days of South Mount Cameron and the surrounding areas of the Far North East of Tasmania. Originally a mine hole, the lake reflects a vivid aqua blue from the minerals in its base.

When the miners packed their bags and left town, the pit was filled with water to become a recreational spot.





Message from the Chair

I am writing this as 2016 comes to a close, and asking myself questions. Has Food Plant Solutions made a difference to the lives of families in the world? Yes, we have changed the lives of children and families in Vietnam, Fiji, Indonesia, Philippines and many other countries.

Can we do more? Of course we can. But we need your help and the help of your friends in Rotary, your clubs and your Rotary districts around the world. How can you help? By raising money so that we can prepare educational publications that NGO's, community leaders, teachers and students need. These publications help to empower the hungry and malnourished and create a sustainable solution to malnutrition.

Bioversity International have one of our projects as a case study in their Biodiversity for Food and Nutrition project. We are also working with the Priscila Hall Foundation, AOG World Relief Vietnam, Boart Longyear and others, all who are committed to ending malnutrition. We cannot continue without the help of Rotarians and their friends around the world as well.

As I review 2016 I remind myself, that when we wake tomorrow morning, a new year will have begun for us, but not for approx. 30,000 children who died during the night of malnutrition and who will continue to die each day. We all must redouble our efforts to reduce that statistic.

I want to thank Karalyn and the committee for all for the work they have done this year and to wish you and your families a healthy 2017. I look forward to working with you during our New Year, 2017. Working together we CAN make a difference.

Yours in Rotary Service.

PDG Una Hobday, Chair Food Plant Solutions

Boart Longyear partners with FPS



Boart Longyear is the world's leading provider of drilling services, drilling equipment and performance tooling for mining and drilling companies globally. It also has a substantial presence in aftermarket parts and service, energy, mine de-watering, oil sands exploration and production drilling.



The Global Drilling Services division operates in over 30 countries for a diverse mining customer base spanning a wide range of commodities, including copper, gold, nickel, zinc, uranium, and other metals and minerals. The Global Products division designs, manufactures and sells drilling equipment, performance tooling, and aftermarket parts and

services to customers in over 100 countries.

A partnership with Food Plant Solutions provides a great opportunity for Boart Longyear to demonstrate its commitment to duty of care and to give something back to the communities it works in. This partnership will help to address malnutrition in Asia, specifically Cambodia, one of their operating countries. Boart Longyear, utilising Food Plant Solutions publications will provide education resources to mothers with the aim of creating awareness and enabling a better understanding of the nutritional value of their local food plants.

More information about Boart Longyear can be found at www.boartlongyear.com. For further information about this partnership please contact Food Plant Solutions at info@foodplantsolutions.org



Speaking Engagements:

FPS has the following engagements scheduled:

- South Launceston Probus – 23rd January, 2017.
- D9790 Conference- 16th – 19th March, 2017
- D9830 Conference - 31st March – 2nd April, 2017.

Program Countries

FPS has either developed or is in the process of developing educational publications for the following countries:

- Solomon Islands
- Papua New Guinea
- Timor Leste
- Haiti
- Sierra Leone
- Guinea
- Nigeria
- Uganda
- Tanzania
- Mozambique
- Swaziland
- Sri Lanka
- Cambodia
- Vietnam
- Philippines
- Western Pacific Islands
- North Korea
- China
- N.E. India
- Kenya
- Lesotho
- Indonesia
- Nepal
- South Africa
- Northern Thailand
- Ecuador
- Angola
- Pakistan
- Ethiopia
- Madagascar
- Bangladesh
- Rwanda

**Food Plant Solutions –
A self-sustainable solution that
empowers local people to make
informed choices about what
plants to grow that will
nutritiously feed their family.**

Donate Now! - every \$1 donated will help 1 child in a developing country –

<http://foodplantsolutions.org/donate-to-food-plant-solutions/>

Rotary's Great Opportunity

In 1998, when the Global Polio Eradication Initiative began, polio paralysed approximately **350,000** children per year. Due to the dedicated efforts of Rotary and its partners there has been a decrease of 99% in polio cases.

In 2015, approximately **2,600,000** children under the age of 5 died from malnutrition linked causes.

Like polio, hunger and malnutrition is preventable.

Like polio, Food Plant Solutions needs extensive partnerships.

Like polio, a long-term commitment is needed.

We are calling on all Rotarians to follow 'End Polio Now' with '**End Malnutrition NOW**'

Please contact us at info@foodplantsolutions.org to become part of '**End Malnutrition NOW**'

Reconciliation Crops in Rwanda



When Rwandan, Jean Nepo looks over his plot of land he sees much more than just pineapple and maize crops. He sees the potential for breaking the cycle of hatred, violence and ethnic division that has plagued his community for decades.

Jean Nepo is a Genocide Survivor; he was eleven years old when his entire family was brutally killed by machete wielding militias and government soldiers. He explains; "The Genocide against Tutsis in 1994 was well planned and coordinated, over one million people were killed in one hundred days, neighbours killed neighbours, and the people who killed my family still live in this community." It took him several years to return to his family land of 5 hectares, which by then was completely overgrown. His plan was to employ both survivors and perpetrators of the Genocide to work together to clear the land and start growing crops. The plan worked and the land was cleared and crops planted in a few short weeks of intense labour.

The Golden Zebra Enterprise

was born from this vision to nurture practical reconciliation and peace in the community by bringing local people together to build an agricultural enterprise that provides training, job and business opportunities to the desperately poor community.

Jean Nepo explains; "We cannot just talk about reconciliation and peace, we must have practical programs to actively combat extreme poverty and the spread of Genocide ideology, the generators of conflict". In 2017 Jean Nepo and his Australian wife, Sabrina, will construct an Agricultural Training Centre on the land, providing courses, introducing animals and crops, and begin the production of value added products. Jean Nepo explains; "We have a daughter, children are innocent and our goal is to break the cycle of hatred so that the children of perpetrators and survivors can live together in peace and all prosper by working together." Jean Nepo concludes; "Recently we formed a partnership with Food Plant Solutions, who will provide us with information on what plants to grow that are suited to our environment, require minimal inputs and most importantly are very high in nutrients. This will assist us in achieving food security and reducing



malnutrition. Our partnership with FPS will help to enable us to achieve our vision." For more information please contact us at: info@foodplantsolutions.org

Paypay District School Update

In our November 2015 newsletter there was an article about Paypay District School in the Philippines, which was being rebuilt after a devastating typhoon. An FPS committee member (who was there to advise on the rebuilding of the school) noticed a derelict kitchen, which presented an opportunity to introduce FPS. The challenge of creating a garden on a building site was overcome by growing the plants in movable containers.



Recently we were advised "We now have several container gardens run by various teachers. And there is some competition amongst the teachers for the best produce. Here are pictures as proof." The children continue to move the garden around as the builders need space.

This innovative approach on educating how to grow nutritious food, demonstrates that there is no one way and no right way. What is critical, is ensuring people are given the opportunity to understand the nutritional value of their local food plants.



FPS in Fiji

A project in Fiji started by District 9830, with a focus on providing housing has grown significantly to include an FPS component. Using FPS publications, training is provided for residents so that they can start their own vegetable gardens. Part of the program involves children being taught about growing healthy vegetables and fruit and income generation projects. The children assist in the plant nurseries, planting out around public areas to beautify the town and assisting in the vegetable gardens of elderly or infirm residents.



Tasmanian Rotary Clubs (through a District Grant) funded a covered bus shelter, which doubles as a market where once the children have caught the bus to school, residents can then sell their vegetables. This project demonstrates the benefits of adding an FPS component to an existing project. Not only is the community able to feed themselves and their family's nutritious food, sustainably, but the 'excess' enables income generation.

Case Study for Bioversity International

Following a Letter of Support from Ann Tutwiler, the Director General of Bioversity International. FPS and Vietnamese program partner – AOG World Relief Vietnam, were invited to participate as a case study in Bioversity International's project - Biodiversity for Food and Nutrition (**B4FN**). The case study can be found at <http://www.b4fn.org/case-studies/case-studies/food-plant-solutions-school-gardens-in-vietnam/>. This provides both a tangible result, and important recognition by a world leading organisation, of FPS's significant role to play in achieving food security and ending hunger and malnutrition.

**ROTARY CLUB OF
SOUTH LAUNCESTON**

Club Chartered

March 17 1962
with 23 members
55th Year of Rotary Service

Thursday Meeting

Hotel Grand Chancellor
29 Cameron St, Launceston

Make-ups & Apologies

Assist-Secretary Terry
Crawford
Before 10.30 am Tuesday
6344 7033 (W)
0417 366 531

Correspondence

PO Box 60
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District Governor

District 9830

2017-2018

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Items by 12noon Wednesdays
please

Rotary Grace

**For good food, good
fellowship and
the opportunity of service
through
Rotary, we give thanks.'**

**ROTARY CLUB OF SOUTH LAUNCESTON
Officers and Duties 2017-2018**

President:

Glenda Iles.

Past/Vice President:

Les Baxter

Secretaries:

Krista Preece
(Organisation &
Correspondence)

Terry Crawford
(Attendance & Recording)

Treasurers:

Stephen Gordon. (Accounting)
Terry Crawford (Banking)

Club Service:

Graeme LeFevre

Community Service:

Kim Biggelaar

International Service:

Di Butler.

Vocational Service:

Lara Alexander

Youth:

Lance Pfeffer

Club Service

Director: Graeme LeFevre

Membership:

*Brian Beardwood, Ian Fraser,
Lara Alexander, Mike Waldock,
Dale Luck, Peter Stearnes*

Community Service

Director: Kim Biggelaar

Membership:

*John Frearson, Graham
Gough, Henry Harris,
Brian Howard, Dennis Tulk,
Max Watkins, Sheryl Guy,
Martin Yates, Fraser Nuttall*

International Service

Director: Di Butler

Membership: Peter McBean,

*Ian Smith, Nick Butler, Les
Baxter*

Youth Service

Director: Lance Pfeffer

Membership: Phil Niejalke,

*Kevin Preece, Merylyn Briggs,
Jacquilyne Kelder, John
Fardon, Kathy Macqueen*

Vocational Service

Director: Lara Alexander

Membership: Craig Mitchell,
Andrew Whitehead, David
Peachey, Paul Fitzpatrick, Bruce
Burke, Wayne Higgs

Directors

Sonia Morganti

Toni Binns

Club Committees

Membership

Terry Crawford

Les Grant, Henk Kortekaas

PR & Fundraising

Sonia Morganti

Toni Binns, Judith King, Neville

King, Krista Preece, Lara

Alexander, Josh de Groot, Karen

de Groot

History

Bruce Burke

Peter McBean, Henry Harris

Sheep Manure Project:

John Frearson

*Phil Niejalke, Josh de Groot, Paul
Fitzpatrick*

Office Bearers

Sergeants: Phil Niejalke, Karen
de Groot & Wayne Higgs

Bulletin: Dennis Tulk

Information Technology:

Dennis Tulk

Pastoral Care: Ian Smith

Photography:

Peter McBean, Brian Beardwood

Programme: Fraser Nuttall

Social: Toni Binns

Rotary Foundation: Vacant



THE FOUR-WAY TEST

**Of the things we think, say or
do:**

1. **Is it the truth?**
2. **Is it fair to all involved?**
3. **Will it build goodwill
and better friendships?**
4. **Will it be beneficial to
all concerned?**