

Club Meetings:
Thursday for fellowship at 6pm followed by Dinner at 6:30pm

Location:
Hotel Grand Chancellor,
29 Cameron Street,
Launceston, Tasmania

ROTARY:
MAKING A
DIFFERENCE

Tamar Views

Weekly Bulletin

May, 10
2018

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Rotary
emblem 



Rotary
Club of South Launceston
District 9830

Guest Speaker: Lance Pfeffer talking about the recent Soggy Bottom Regatta




President's Notes

Hello Fellow Rotarians,

Last week we held a Club Forum, during this forum I ask the question, "what sort of fundraiser would you like our club to investigate? ". A few Rotarians came up with some great ideas which we will look into. Thank you for your input, I did have one Rotarian ask that we just have an evening where we can just chat to each other as this is something we don't often get to do, I suppose it would not be called a meeting if we did this but a Social night, I will ask you for your thoughts on this one.

Agfest is done and dusted and we all had a great time. I look forward to hearing what our final figures were.

This week we will hear from Rotarian Lance Pfeffer as he talks about the Soggy Bottom Cardboard Box Regatta.

The end of my Presidency is fast approaching (who's counting?) and during the next few weeks I will look back at this with the knowledge that this club is still growing in strength and membership, we have lost a few members along the way and no doubt a few more will decide that they want to explore different avenues. We should always be on the look out for future Rotarians so spread the word and invite a friend along

to a meeting.

This Thursday night there is a Board meeting. Directors please have a report ready, if you cannot attend please email me your report no matter how small it is it is still important.

Yours in Rotary,
President Glenda Iles



Happy Birthday

11 May – John Frearson

A Century of Doing Good in the World - The Rotary Foundation



APOLOGIES BY 10.30am TUESDAY TO TERRY CRAWFORD 63447033 or 0417 366 531

(If not received by then, an invoice will be issued)

CLUB DUTY ROSTER

10 May **Lance Pfeffer- Soggy Bottom Regatta**

ATTENDANCE **Lance Pfeffer**

CHAIRPERSON **Toni Binns**

REGALIA **Mike Waldock**

THANKS **Stephen Gordon**

17 May Sonia Morganti - experiences as a marriage celebrant

ATTENDANCE Andrew Whitehead

CHAIRPERSON Craig Mitchell

REGALIA Josh De Groot

THANKS Henk Kortekaas

If you are unable to fulfil your rostered duty, please arrange for a replacement.



When a heart stops, every second counts

When Alan Rich woke up in the hospital six years ago, the last thing he remembered was standing on the tennis court: “I was about to serve and said, ‘OK, here comes an ace!’” Rich had collapsed from sudden cardiac arrest. The tennis court was equipped with an automated external defibrillator, or AED, which two doctors playing on an adjacent court used to shock his heart. Rich is one of the lucky ones. Of the more than 350,000 people per year who experience sudden cardiac arrest outside a hospital in the United States, more than 90 percent die; for many of those who survive, the difference is an AED. Rich, who has made a full recovery, and his Rotary Club of Lakeland, Florida, now work to supply AEDs to first responders.

Q: Did you have any warning signs of sudden cardiac arrest before it happened to you?

A: I never had any symptoms. I just crashed to the clay, and my buddy realized something was terribly wrong. Luckily, in the next court over, there were two doctors – one was an anesthesiologist I knew. Three shocks, and my heart started beating again. For all cardiac arrest, the survival rate is only around 6 percent for those attacks that occur outside a hospital. If an AED delivers a shock within the first three to five minutes after a person’s heart stops, the odds of survival are 60 to 70 percent.

Q: What was your recovery like?

A: I was in a coma for three weeks. The doctors told my wife she needed to think about letting me go. She said, “No, no, no – keep trying.” The fourth time they took me off the respirator, I woke up. I recovered after that, but I had to relearn how to walk and talk. That was six years ago. I wake up every day feeling grateful.

Q: What made you decide to work with your club on this project?

A: I started thinking about it in recovery. My tennis buddy, Mark Hollis, was a district governor and the president of our club. Mark would come visit, and I said maybe the Rotary club could do something about this. I had learned that most communities do not have AEDs in police cars. These first-responder vehicles often get to the scene before medics do. Every minute that ticks by means roughly 10 percent brain loss, so after 10 minutes, you have basically no chance of surviving.

Q: How did your club help?

A: We dedicated the proceeds from our yearly jazz festival fundraiser to buy AEDs for the entire Lakeland Police Department. We raised \$130,000 that we gave to the police, and they bought 131 AEDs for their police vehicles.

Q: What do you hope other Rotarians learn from your experience?

A: This is not like a heart attack, when a blood vessel is plugged but the heart continues to beat. With sudden cardiac arrest, it’s a different matter. There could be an underlying issue; any type of asphyxia, like carbon monoxide poisoning, can also cause it. Several thousand kids have sudden cardiac arrest each year and die. Some have an arrhythmia, and the cardiac arrest is triggered by sports. Rotarians could help prevent some of these deaths by contacting their local police departments to see if they have AEDs in their patrol cars. If they don’t, provide them. It could save a life.

– Vanessa Glavinskas

• Read more stories from [The Rotarian](#)

**ROTARY CLUB OF
SOUTH LAUNCESTON**

Club Chartered

March 17 1962
with 23 members
55th Year of Rotary Service

Thursday Meeting

Hotel Grand Chancellor
29 Cameron St, Launceston

Make-ups & Apologies

Assist-Secretary Terry
Crawford
Before 10.30 am Tuesday
6344 7033 (W)
0417 366 531

Correspondence

PO Box 60
Kings Meadows 7249

District Governor

**District 9830
2017-2018**

Tony Coleman
Rotary Club of Salamanca
Email: dg@rotary9830.org.au

President

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Editor

Dennis Tulk
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Items by 12noon Wednesdays
please

Rotary Grace

**For good food, good
fellowship and
the opportunity of service
through
Rotary, we give thanks.'**

**ROTARY CLUB OF SOUTH LAUNCESTON
Officers and Duties 2017-2018**

President:

Glenda Iles.

Past/Vice President:

Les Baxter

Secretaries:

Krista Preece
(Organisation &
Correspondence)

Terry Crawford
(Attendance & Recording)

Treasurers:

Stephen Gordon. (Accounting)
Terry Crawford (Banking)

Club Service:

Graeme LeFevre

Community Service:

Kim Biggelaar

International Service:

Di Butler.

Vocational Service:

Lara Alexander

Youth:

Lance Pfeffer

Club Service

Director: Graeme LeFevre

Membership:

*Brian Beardwood, Ian Fraser,
Lara Alexander, Mike Waldock,
Dale Luck, Peter Stearnes,
Harry Galea*

Community Service

Director: Kim Biggelaar

Membership:

*John Frearson, Graham
Gough, Henry Harris,
Brian Howard, Dennis Tulk,
Max Watkins, Sheryl Guy,
Martin Yates*

International Service

Director: Di Butler

Membership: *Peter McBean,
Ian Smith, Nick Butler, Les
Baxter*

YouthService

Director: Lance Pfeffer

Membership: *Phil Niejalke,
Kevin Preece, Marilyn Briggs,
Jacquilyne Kelder, Kathy
Macqueen*

VocationalService

Director: Lara Alexander

Membership: Craig Mitchell,
Andrew Whitehead, David
Peachey, Paul Fitzpatrick, Bruce
Burke, Wayne Higgs

Directors

Sonia Morganti

Toni Binns

Club Committees

Membership

Terry Crawford

Les Grant, Henk Kortekaas

PR & Fundraising

Sonia Morganti

*Toni Binns, Judith King, Neville
King, Krista Preece, Lara
Alexander, Josh de Groot, Karen
de Groot*

History

Bruce Burke

Peter McBean, Henry Harris

Sheep Manure Project:

John Frearson

*Phil Niejalke, Josh de Groot, Paul
Fitzpatrick*

Office Bearers

Sergeants: Phil Niejalke, Karen
de Groot & Wayne Higgs

Bulletin: Dennis Tulk

Information Technology:

Dennis Tulk

Pastoral Care: Ian Smith

Photography:

Peter McBean, Brian Beardwood

Programme: Les Baxter

Social: Toni Binns

Rotary Foundation: Vacant



THE FOUR-WAY TEST

**Of the things we think, say or
do:**

1. **Is it the truth?**
2. **Is it fair to all involved?**
3. **Will it build goodwill
and better friendships?**
4. **Will it be beneficial to
all concerned?**